

January 2016– Spirit Moon

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 <i>Staff Meeting</i> 10-12	5 <i>One on one/ Family sessions</i>	6 <i>Admin Day</i>	7 <i>Admin Day</i>	8 <i>Admin Day</i>	9 <i>Naming Ceremony</i> 11am <i>CWWV Interviews</i>
10	11 <i>Out of Office</i> (OFIFC Training) <i>Dance/Drum</i> 4:30-600	12 <i>Out of Office</i> (OFIFC Training)	13 <i>Out of Office</i> (OFIFC Training) <i>Dance/Drum</i> 4:30-600	14 <i>Out of Office</i> (OFIFC Training) <i>Sport Night</i> 4:30-6	15 <i>Out of Office</i> (OFIFC Training)	16
17	18 <i>Dance/Drum</i> 4:30-600	19 <i>Jr Youth Group</i> 4:30-6:30	20 <i>GFB Delivery</i> <i>Int Youth Group</i> 4:30-6:30 <i>Dance/Drum</i>	21 <i>Parenting</i> 9:30-12 <i>Out of office (pm)</i>	22 <i>Admin Day</i>	23
24	25 <i>Dance/Drum</i> 4:30-600	26 <i>One on one/ Family sessions</i>	27 <i>Dance/Drum</i> 4:30-600	28 <i>Parenting</i> 9:30-12 <i>Sport Night</i> 4:30-6	29 <i>Admin Day</i> <i>Coffee House</i> 5pm-9pm	30



INDIGENOUS CHILDREN'S WELLNESS PROGRAM

* All programming during winter months are weather permitting. Short notice cancelations may occur. Sorry for the inconvenience this may cause.

Please Contact Emily Guarino to register you or your child for a program.

Emily Guarino
CWWV Program Worker
Georgian Bay Native Friendship Centre
175 Yonge Street, Midland Ont
705-526-5589 Ext 261
cwww@gbnfc.com

31 **Fitness Classes at GBNFC (\$2/class):**
 Yoga– Wednesdays 6pm-7pm
 Zumba– Tuesdays/Thursdays 6pm-8pm
 Boot Camp– Mondays 7pm-8pm