

January 2016– Spirit Moon

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Staff Meeting 10-12	5 <i>One on one/ Family sessions</i>	6 Admin Day	7 Admin Day	8 Admin Day	9 <i>Naming Ceremony 11am CWWV Interviews</i>
10	11 Out of Office <i>(OFIFC Training) Dance/Drum 4:30-600</i>	12 Out of Office <i>(OFIFC Training)</i>	13 Out of Office <i>(OFIFC Training) Dance/Drum 4:30-600</i>	14 Out of Office <i>(OFIFC Training) Sport Night 4:30-6</i>	15 Out of Office <i>(OFIFC Training)</i>	16
17	18 <i>Dance/Drum 4:30-600</i>	19 <i>Jr Youth Group 4:30-6:30</i>	20 GFB Delivery <i>Int Youth Group 4:30-6:30 Dance/Drum</i>	21 Parenting 9:30-12 <i>Out of office (pm)</i>	22 Admin Day	23
24	25 <i>Dance/Drum 4:30-600</i>	26 <i>One on one/ Family sessions</i>	27 <i>Dance/Drum 4:30-600</i>	28 Parenting 9:30-12 <i>Sport Night 4:30-6</i>	29 Admin Day <i>Coffee House 5pm-9pm</i>	30

31

Fitness Classes at GBNFC (\$2/class):

Yoga– Wednesdays 6pm-7pm
Zumba– Tuesdays/Thursdays 6pm-8pm
Boot Camp– Mondays 7pm-8pm



INDIGENOUS CHILDREN'S WELLNESS PROGRAM

* All programming during winter months are weather permitting. Short notice cancelations may occur. Sorry for the inconvenience this may cause.

Please Contact Emily Guarino to register you or your child for a program.

Emily Guarino
CWWV Program Worker
**Georgian Bay Native Friendship
Centre**
175 Yonge Street, Midland Ont
705-526-5589 Ext 261
cwww@gbnfc.com