

# February 2016– Bear Moon

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>Dance/Drum 4:30-600</i>	2 <i>One on one/ Family sessions</i>	3 <i>Anger Management 4-5:30</i>	4 <i>Parenting 9:30-12</i>	5 <i>Admin Day</i>	6
7	8 <i>Dance/Drum 4:30-600</i>	9 <i>One on one/ Family sessions</i>	10 <i>Anger Management 4-5:30 Dance/Drum</i>	11 <i>Parenting 9:30-12 Sport Night 4:30-6</i>	12 <i>Admin Day Community Consult 9am-12</i>	13
14	15 <b>Family Day Holiday</b>	16 <i>One on one/Family Sessions Jr. Snow Tubing 4-7</i>	17 <i>GFB Delivery Int Snow Tubing 4-7 Dance/Drum 4:30-600</i>	18 <i>Parenting 9:30-12</i>	19 <i>Admin Day Resource Dinner @GBNFC 6-8:30</i>	20
21	22 <i>Dance/Drum 4:30-600</i>	23 <i>One on one/ Family sessions</i>	24 <i>Anger Management 4-5:30 Dance/Drum 4:30-600</i>	25 <i>Parenting 9:30-12 Sport Night 4:30-6</i>	26 <i>Admin Day Coffee House 5pm-9pm</i>	27 <i>GBNFC Family Social 11am-5pm</i>
28	29	<div data-bbox="512 1344 1488 1503" data-label="Text" style="border: 1px solid black; padding: 5px;"> <p><b><u>Fitness Classes at GBNFC (\$2/class):</u></b>            Yoga– Wednesdays 6pm-7pm            Zumba– Tuesdays/Thursdays 6pm-8pm            Boot Camp– Mondays 7pm-8pm</p> </div>				



## INDIGENOUS CHILDREN'S WELLNESS PROGRAM

\* Please remember all programming during winter months are weather permitting. Short notice cancelations may occur. Sorry for the inconvenience this may cause.

Please Contact Emily Guarino to register you or your child for a program. Or a one on one/family session.

*Emily Guarino*  
*Indigenous Children's Wellness Program  
 Worker*  
*Georgian Bay Native Friendship Centre*  
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